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The Happy Book Sticky Notes

By Rachel Kempster, Meg Leder

Paperback. Book Condition: New. Not Signed; Encouraging creative doodling, scribbling, and dreaming, these sticky notes are the newest way to answer daily, what makes you happy? The notes include prompts such as.- What words make you laugh? Write them here, and keep this note handy as a lighthearted reminder. - Spontaneous Happiness Generator: Have a friend write down what makes them happy here. Is there anything you share? - Your Happy Timeline: Plot out your happiest moments on this timeline. Your first puppy? A fun date? Mark them here. book.

Reviews

Thorough information! Its this kind of good read. Yes, it is perform, continue to an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

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